

# Supercharging Outcomes

**The Power of Readiness in Academic Interventions**





## Kim Hinson, Vice President of Partnerships

- 25 years in education
  - Stepped out of the classroom to support broader school communities
  - Build teams, partnerships, and solutions that improve outcomes for students
  - Focus on aligning our purpose with educators to support student success
- 



## Dr. Rachyl Stephenson, Director of Curriculum

- 15 years in education
- High level impact and wider reach
- Dial in on curriculum development and follow passion of content
- Supporting students' resiliency and emotional regulation to enhance learning

## By the end of today's session, you will be able to:

- Define Life Skills and describe their importance to academic readiness
- Explain the importance of “readiness” to learning, especially for struggling learners
- Discuss the key elements of an effective High Impact Tutoring environment
- Apply different Brain Boost activities in your instructional setting



# What do we mean by “Readiness?”

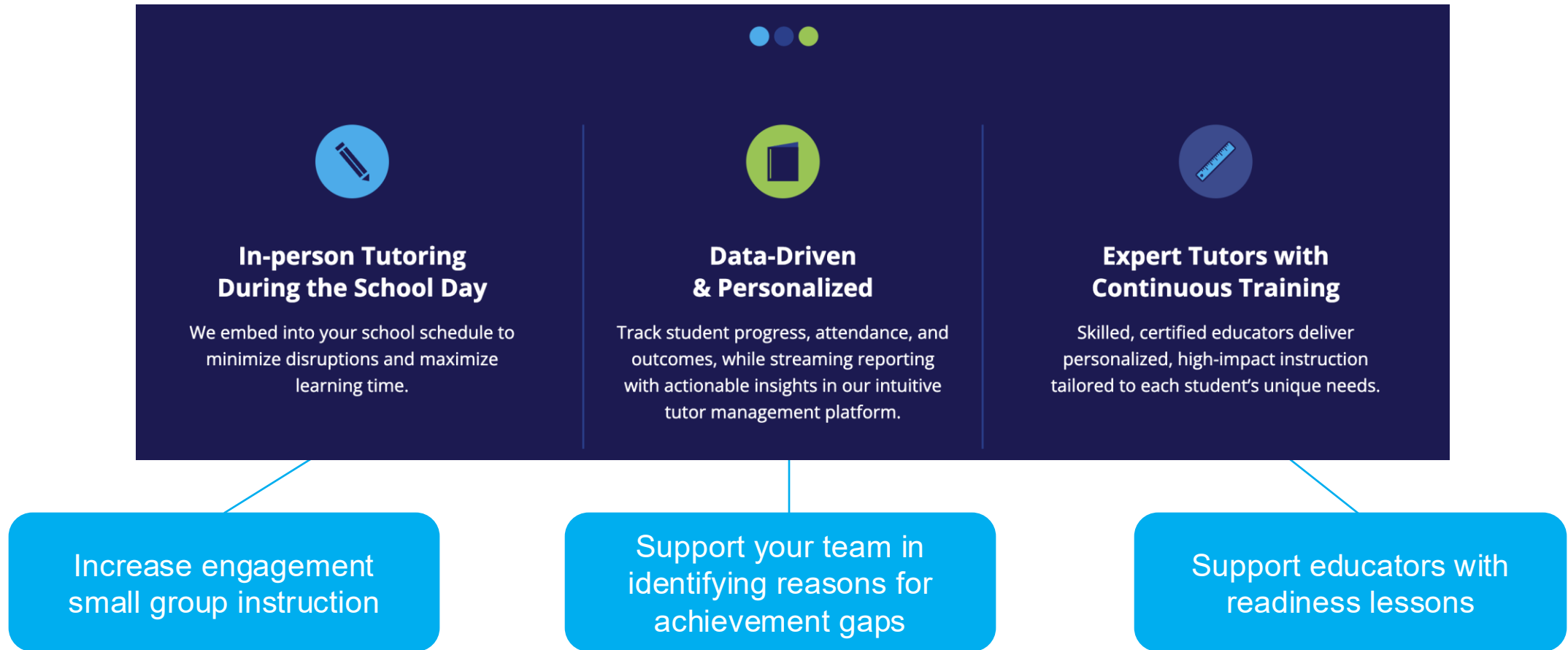


# Catapult Learning

**Supercharging Outcomes The Power of Readiness in Academic Interventions**

# Our High Impact Tutoring Approach

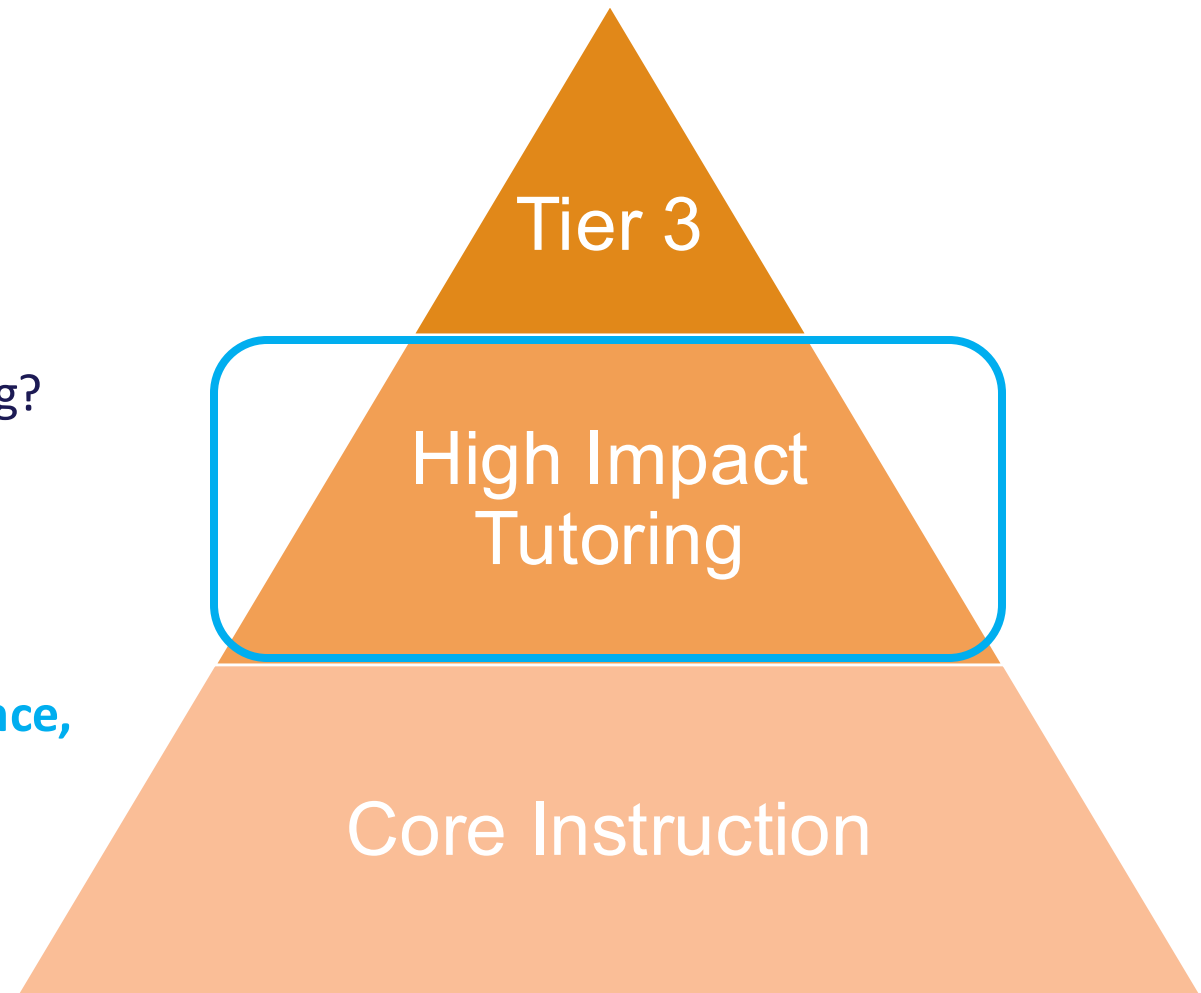
Making connections in academics by emphasizing life skills



# Tier 2 Students and the Power of Readiness

## Identifying Readiness

- Is the student **actively engaged** and demonstrating **consistent focus** and **follow-through** in their learning?
- Is the student **retaining, applying, and progressing** toward mastery of key academic skills?
- Does the student approach challenges with **confidence**, **persistence**, and a **willingness** to improve?



## WARM UP

# Self-Talk Improves Mindset

Self-talk is the internal dialogue we have with ourselves—our thoughts, beliefs, and mindset about who we are and what we can do.

When students learn positive self-talk, they build confidence, motivation, and resilience—critical life skills that support both academic and personal growth.

Take a moment to discuss with those at your table how you are currently using this in your setting—or how you might envision integrating it into your space.



**Positive self-talk builds confident, capable learners.**



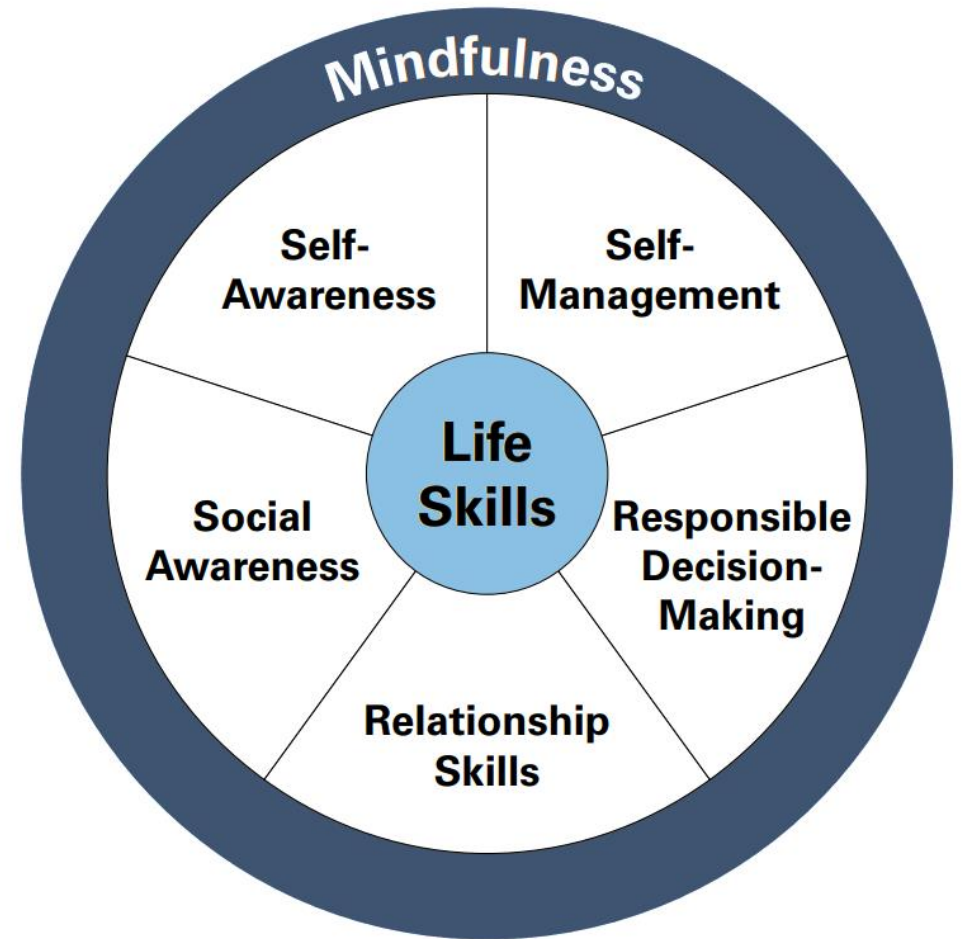
# Life Skills are Essential to Learning

**Life Skills** are essential social, emotional, and cognitive competencies that build confidence and independence.

Examples include self-regulation, communication, perseverance, goal setting, decision-making, and responsible behavior.

When integrated into **High Impact Tutoring**, Life Skills:

- Support student engagement, motivation, and resilience
- Reinforce positive academic behaviors like focus, persistence, and effort
- Improve agency for long-term success beyond academics



Adapted from CASEL (2017)

# Frustration Loops Lead to Disengagement

## Widening Achievement Gap

- Lower-performing students experienced declines in math, while higher-performing students showed gains, widening the achievement gap.\*

## Worsening Student Behavior

- 72% of educators observed an increase in student misbehavior compared to the fall of 2019, with 48% noting a significant rise.\*\*

## Majority of 4th Graders Not Proficient

- 69% of U.S. 4th graders are not proficient in reading, indicating a concerning lack of foundational literacy skills.\*



# Round Table Discussion

**1**

**With the members at your table, look over the Brain Boost Activity assigned to your group (papers are on your table).**

**2**

**Discuss how you can see yourself using this activity in your space.**

**3**

**We will do a large group share afterward!**

## Table #

## Brain Boost Activity

1

Identifying Emotions Wheel: The Feel Wheel

2

Managing Emotions: Changes

3

Identifying Problems: Size of the Problem

4

Resolving Conflict

5

Putting Yourself in Other People's Shoes

6

Dealing with Worry and Fear

7

Making Good Choices

8

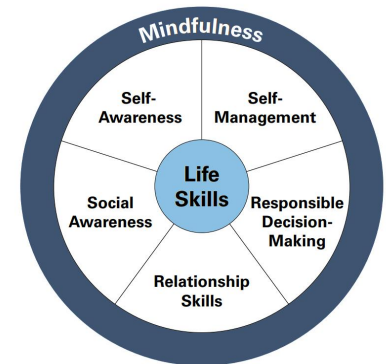
Being a Good Friend

9

Role Models

10

Strengths and Challenges



Adapted from CASEL (2017)

# Share your learnings

You are ready!



# Power of Readiness

**Thank you!**

Kim Hinson & Rachyl Stephenson