

PurposeFull People and CASEL Standards



CASEL Anchor Standard	Learning Standard (Kid friendly language)	Character Trait
Self-Awareness Develop and demonstrate self-awareness skills to: <ul style="list-style-type: none"> • Identify one’s emotions • Maintain an accurate and positive self-concept • Recognize individual strengths • Experience a sense of self-efficacy 	I am able to demonstrate how I am feeling	Empathy Courage
	I am aware of what I like and dislike as well as my strengths and challenges.	Gratitude
	I believe I can learn	Perseverance
Self-Management Develop and demonstrate self-management skills to: <ul style="list-style-type: none"> • Regulate emotions • Manage Stress • Monitor and achieve behaviors related to school and life success 	I can appropriately handle my feelings.	Responsibility Kindness
	I can act in an honest manner.	Honesty
	I can set and achieve goals that will make me more successful	Perseverance

PurposeFull People and CASEL Standards



CASEL Anchor Standard	Learning Standard (Kid friendly language)	Character Trait
Social Awareness Develop and demonstrate social awareness skills to: <ul style="list-style-type: none"> • Exhibit empathy • Appreciate diversity • Understand social and ethical norms for behavior • Recognize family, school, and community supports 	I care about the feelings and opinions of others	Respect Cooperation Empathy
	I care about and respect individual differences of others	Respect
	I am aware of where I can find help and support.	Courage Cooperation
Relationship Skills Develop and demonstrate relationship skills to: <ul style="list-style-type: none"> • Build and maintain relationships with diverse groups & individuals • Communicate clearly to express needs an resolve conflict 	I can use positive communication skills	Gratitude Kindness
	I care about how I read others and how they read me	Cooperation Responsibility Empathy
	I can handle conflict in constructive ways	Respect

PurposeFull People and CASEL Standards



CASEL Anchor Standard	Learning Standard (Kid friendly language)	Character Trait
Responsible Decision Making Develop and demonstrate responsible decision-making skills to: <ul style="list-style-type: none"> • Problem solve effectively • Maintain accountable behaviors in school, personal, and community contexts 	I can make appropriate decisions	Responsibility
	I know that I have a choice in how I respond to different situations	Creativity Responsibility
	I can tell the difference between big and little problems	Perseverance